



Looby Macnamara



Helena von Bothmer

Cultural Emergence Design Course

with Looby Macnamara & co-teacher Helena von Bothmer

29th May – 3rd June 2018
at Kosters Trädgårdar Sydoster, West Coast Sweden

Questions and bookings:

helena@kosterstradgardar.se

Course fee: 4200SEK (+tax 25%)

excluded food and accommodation.

Housing: tents 50SEK/night

shared rooms 300SEK/night

single rooms 500SEK/night

Food: 3000SEK for full course

This course is designed to help us grow, shift through old patterns and beliefs, and support us in manifesting our dreams, while grounding this vision in a realistic design for ourselves. The training will give you the confidence and skills to design any aspect of your life. We will be using the Design Web from People & permaculture, to create a design for ourselves as well as exploring how it can best be used in different scenarios. You will leave with a design for integrating Cultural Emergence into your life at many levels. We will also be exploring how to bring Cultural Emergence to a wider audience to bring more breakthroughs in creating

a life enhancing culture for all beings.

During the course you will:

- Create a design for yourself which will empower you to live the life you want to and move through blocks
- Learn how to integrate the principles and practices of Cultural Emergence into your everyday lives
- Explore how to use the design web in many different scenarios
- Hear first hand stories of designing using the design web
- Connect with like minded people and create a collaborative learning community
- Connect with the bigger vision for humanity and how we can play our part in bringing this vision into reality

What is Cultural Emergence?

Humanity is presently in a crisis of disconnection and a time of mass cultural emergency; we see the personal, social, political and environmental problems as stemming from a lack of cultural understanding and cohesion. We believe there are

tools that can help turn this around into mass Cultural Emergence; where abundance, gratitude, care and connection are part of our everyday culture. Emergence is a term used in systems thinking where 2 or more things come together with unexpected results. By bringing people together with these tools and methods we have the opportunity to ask good questions and to co-create answers and solutions and emerge the culture we want.

The Design Web

In 2012 Looby published People and Permaculture. This was the first book globally that directly explored how to use permaculture design and principles for people – to restore personal, social and planetary well-being. People and Permaculture is a pioneering book which has widened the definition of permaculture, taking it right into the heart of our own lives, relationships and society, making permaculture relevant to everyone.



The Strait between North and South Koster Islands

About the venue

Kosters Trädgårdar is a permaculture garden, restaurant and course venue situated in the first Swedish Marine National Park on an island on the Swedish west coast. (Sydkoster) During summer months Kosters Trädgårdar is open for visitors and tourists with the underlying wish to inspire everyone who enters to take steps towards sustainability. In winter, early spring and late autumn we mainly work with arranging special events, courses and gatherings within the theme of sustainability, food, gardening, cooperation and micro enterprises. On the venue there are two enterprises, one being a cooperative, which is in charge of the restaurant the other a family enterprise in charge of the gardens, production of food, courses and guided events.

About Helena von Bothmer

She is a gardener and permaculture designer. She took her PDC course in 1992 and diploma in 1998. Since then she has been working with the project and operation at Kosters Trädgårdar, which she initiated with her husband in 1995. Helena arranges and co-creates permaculture courses (pdc) in Sweden and Norway. And she is now eager to expand the venue and herself into the social field of permaculture.

Who is the course for?

This course is aimed at people who have an interest in people permaculture and Cultural Emergence and want to bring people based designing into their lives. No prior experience of permaculture or Cultural Emergence is necessary, although if you have skills in either

this course will definitely be able to further deepen and embed them.

This course is particularly aimed at:

- Those working towards a holistic sustainable vision for humanity
- People wanting a deeper grounding in skills and principles that support healthy relationships
- Anyone starting a new pathway in their lives
- People involved in creating healthy communities through Transition initiatives and other community projects
- Permaculturists wanting to increase their knowledge or specialise in people permaculture